

Why Higher Sports Development?

The National Progression Award in Sports Development is a suitable course if you have an interest in sport and physical activity and are willing to contribute to the provision and development of opportunities to participate in sport and physical activity within the school and local community setting. The course provides opportunities to develop communication, working with others, problem solving, ICT and numeracy skills.

Course Outline

The course consists of two units both of which must be completed to obtain the group award.

Unit 1 - Activity and Participation Opportunities in the Community

- Identify and explain opportunities for participation within a sport or fitness facility
- Participate in and evaluate recreational physical activity
- Describe the benefits of different types of participation to the individual and community

Unit 2 - Investigate Activity Development Opportunities in an Organisation

- Explain the concept of Sports Development
- Describe the opportunities and facilities for physical activity currently available to members of an organisation
- Identify potential development projects to meet the needs of members
- Describe financial, physical, and human resources required for the development of physical activity
- Describes issues which impact on the viability of a selected development project

Course Assessment

Unit 1 - Candidates must complete a portfolio of evidence in the form of a logbook to record and evaluate a minimum of 10 sessions as a participant and as a volunteer within a selected role. Knowledge of the benefits of participation in physical activity sessions to the individual and wider community must also be evidenced.

Unit 2 - Candidates must produce a portfolio of evidence in the form of a sports development proposal. This should include identification of the concept of sports development, data collection and analysis of current provision, identification of potential development projects and a description of the viability of a project proposal.